



Liability Waiver

PLEASE READ CAREFULLY

A WAIVER IS A LEGAL DOCUMENT WHICH AFFECTS YOUR LEGAL RIGHTS

This waiver covers all participants entering and using the Mr Ninja HQ training facility for events such as training, competitions and activities, including all related obstacles and equipment.

I, _____

(participant over the age of 18 OR parent/guardian of participant under the age of 18)

of (Address) _____

PLEASE INITIAL

_____ I hereby authorize Mr Ninja HQ or anyone authorized by them, to use and reproduce any pictures, videos or other media of me/my child. I authorize Mr Ninja HQ to use any particulars including my name, social media handles/names, or any other information disclosed by me to Mr Ninja HQ and all other information regarding my participation in Mr Ninja HQ events without any notice or compensation to me. Such materials will be used in connection with the business of Mr Ninja HQ. The rights set forth in the waiver include, but are not limited to, the right to use, copy and modify such materials in connections with websites, YouTube, Facebook and Instagram accounts owned or operated by Mr Ninja HQ or its designees.

PLEASE INITIAL

_____ As the legal guardian/parent or as representative of myself (If over 18), I acknowledge my participation in Mr Ninja HQ events may be hazardous and I assume all responsibility and risk for any accidents, sickness or other mishaps including but not limited to death, serious bodily injury, permanent disability that may result to me/my child while training or competing at Mr Ninja HQ. I hereby affirm that I/ or my child am in good physical condition and do not suffer from any known disability or condition which would prevent or limit my participation in any Mr Ninja HQ events or programs that involve running, jumping, climbing, hanging or balancing for extended periods of time. I recognise my heart rate will be elevated at all times during training and events and I do not suffer from any condition that may endanger my safety or the safety of others participating in training.

PLEASE INITIAL

_____ I acknowledge that my enrolment and subsequent participation is purely voluntary and on behalf of my executors, past, present and future heirs, assigns and legal representatives, do hereby waive, release and forever discharge Mr Ninja HQ and all of its officers, directors, employees, subcontractors, agents and representatives from any and all claims, debts, demands, rights, liabilities, actions, loses, damages, costs or expenses including reasonable legal fees whatsoever, arising and resulting from or relating to, ninja training or competition. I agree and covenant not to sue, or bring any claims against Mr Ninja HQ or any of its respective members with respect to any matters that result from or are related to ninja training or events associated with Mr Ninja HQ. In the event that I or anyone

else on my behalf, institutes any such action, that claim shall be dismissed upon presentation of this waiver and release and I will reimburse Mr Ninja HQ or its officers for any and all legal fees or expenses relating to defending such a claim and obtaining its dismissal.

PLEASE INITIAL

_____ I have read Mr Ninja HQ's Rules and Conditions of Entry and agreed to its terms. In addition, I understand and agree that Mr Ninja HQ reserves the right to temporarily remove or ban athletes from participating in Mr Ninja HQ events or training for any reason.

PLEASE INITIAL

_____ I have read this waiver and release and I fully understand that Mr Ninja HQ training, programs and competitions may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. I confirm that I understand all related terms and that I have given up substantial rights by signing this waiver and release and represent I am signing this waiver freely and voluntarily without any inducement. I also certify that I have appropriate insurance coverage for any and all possible injuries that may occur at or in connection with any Mr Ninja HQ related events or training in which I am participating.

I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.

Participant info (If over 18years old):

Name: _____ Phone: _____

Email: _____

Emergency Contact: _____ Phone: _____

Signature: _____ Date: _____

Parent/ Guardian- (on behalf of participant under 18 years old)

Participant name: _____

Name of Parent/ Guardian: _____ Phone: _____

Email: _____

Address: _____

Signature: _____ Date: _____